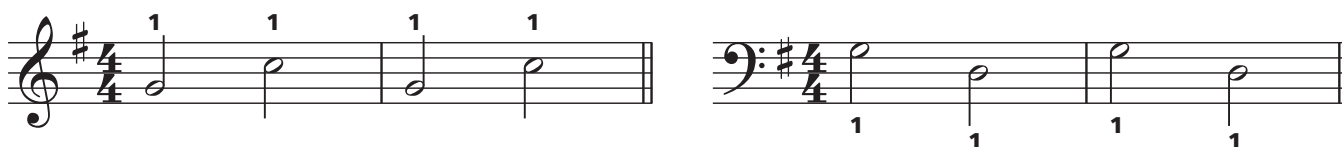


All exercises may be printed out for practising at home or to use in lessons.

Workout 1 Lesson Book 4, p. 11 G Major Scale Exercises

Preliminary exercises for passing thumb under in G major scale

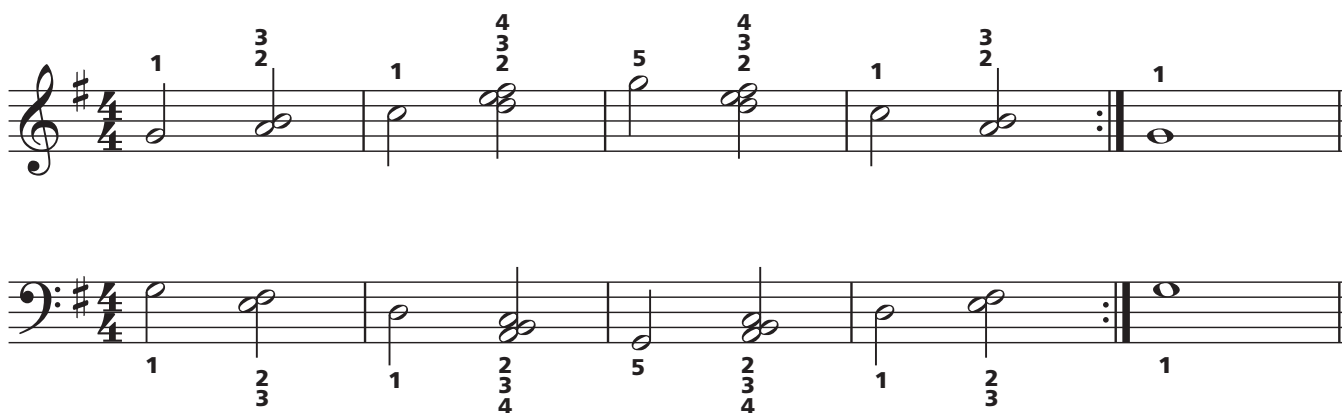
a) Thumb positions



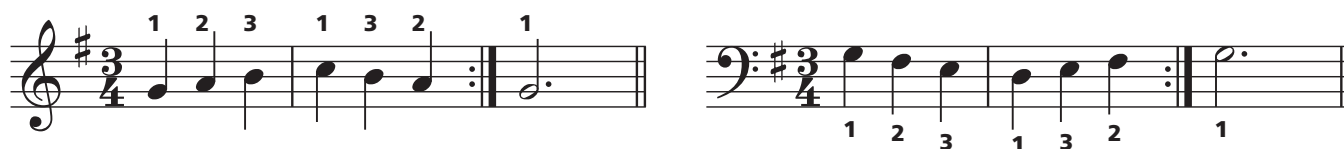
b) Thumb positions with notes of the scale added



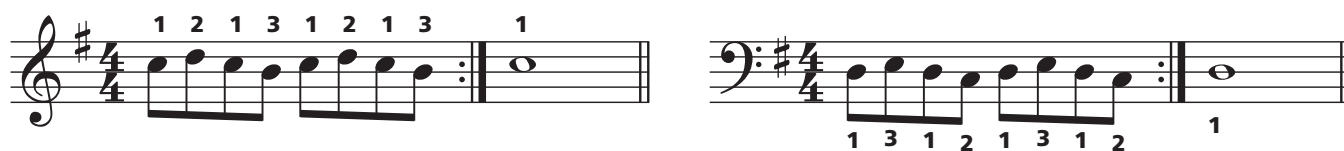
c) Thumb positions with notes of the scale added as broken chord



d) Passing thumb under the 3rd finger



e) Passing 3rd finger over thumb



f) G major scale and cadence transpose into C major



Workout 2 Lesson Book 4, p. 12 Playing two notes at once

a) Seconds

b) Thirds

c) Fourths

d) Fifth - Third

e) Sixth - Third

f) Seventh - Third

g) Octave - Third

Workout 3 Lesson Book 4, p. 14/15 Two-Part Writing

a)

Exercise a) is a two-part writing exercise in 4/4 time, key of D major. The treble staff begins with a G4 quarter note, followed by a descending eighth-note scale: F#4, E4, D4, C#4, B3, A3, G3. The bass staff begins with a D3 quarter note, followed by an ascending eighth-note scale: E3, F#3, G3, A3, B3, C#4, D4. Both staves conclude with a double bar line and a final chord (G4-D4 in treble, D3-A2 in bass).

b)

Exercise b) is a two-part writing exercise in 4/4 time, key of D major. The treble staff begins with a G4 quarter note, followed by a descending eighth-note scale: F#4, E4, D4, C#4, B3, A3, G3. The bass staff begins with a D3 quarter note, followed by an ascending eighth-note scale: E3, F#3, G3, A3, B3, C#4, D4. Both staves conclude with a double bar line and a final chord (G4-D4 in treble, D3-A2 in bass).

Workout 4 Lesson Book 4, p. 19 E Minor Scale Exercises

Natural

mf

1 3 5

1 2 5

1 2 5

9

5 3 1

2 1

5 2 1

Harmonic

mf

1 3 5

1 2 5

1 2 5

9

Melodic

1 1 4 3

mf

9

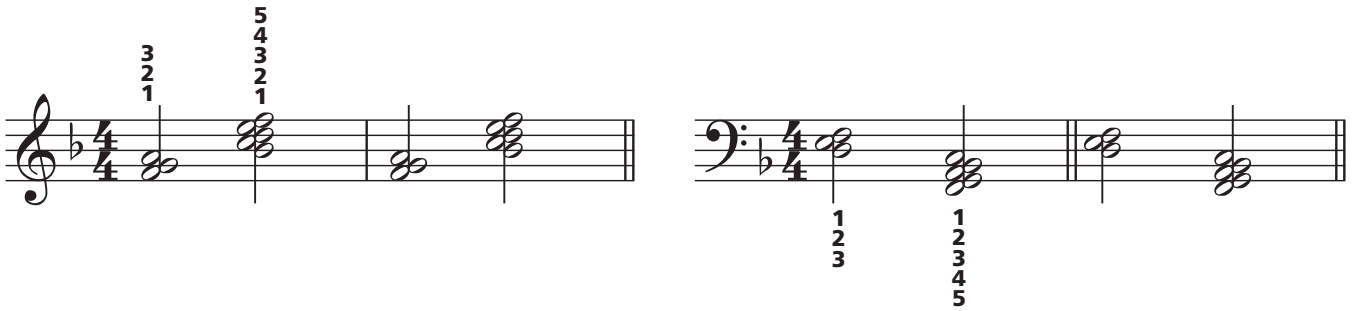
Workout 5 Lesson Book 4, p. 23 F Major Scale Exercises

Preliminary exercises for passing thumb under in F major scale

a) Thumb positions



b) Thumb positions with notes of the scale added



c) Thumb positions with notes of the scale added as broken chord



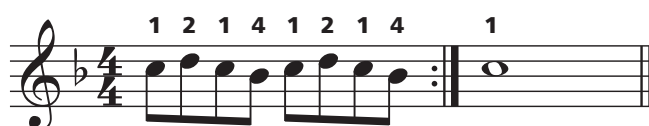
d) Passing thumb under 4th finger



Passing thumb under 3rd finger



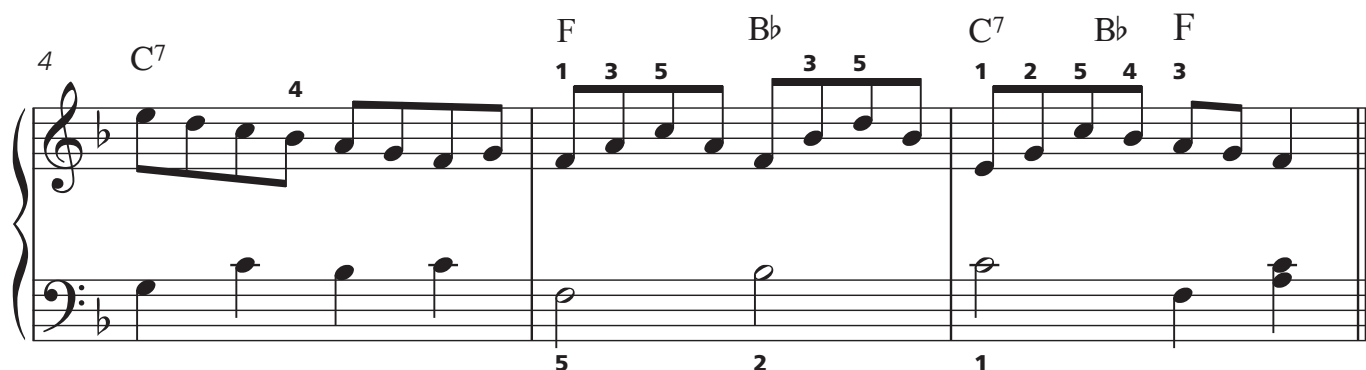
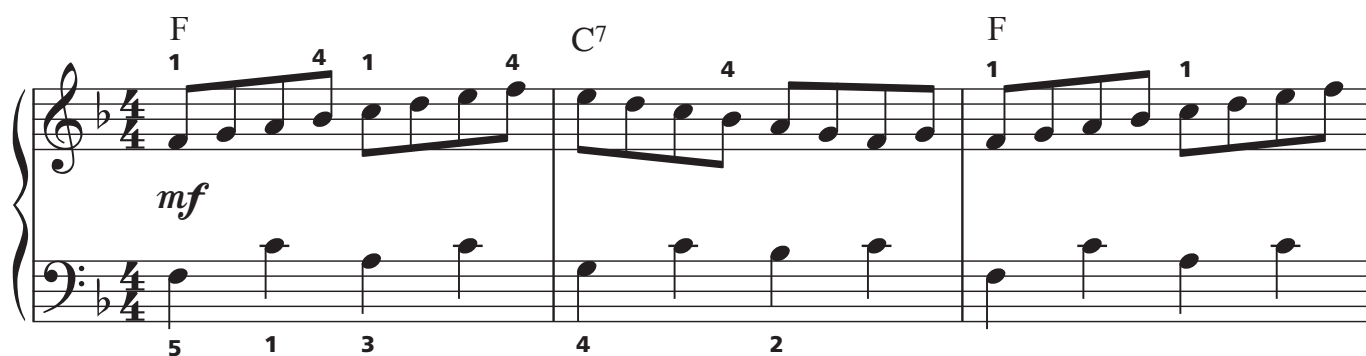
e) Passing 4th finger over thumb



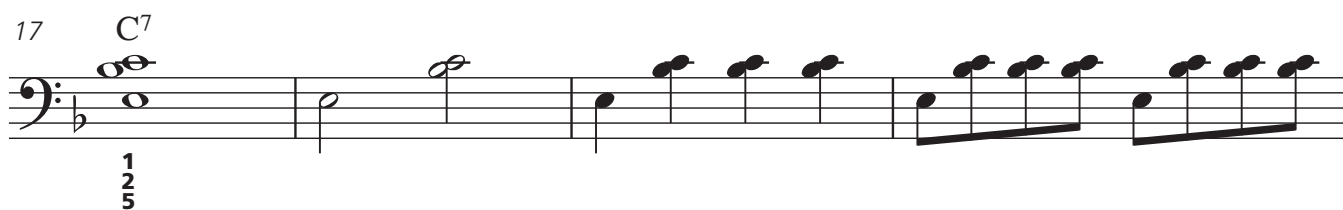
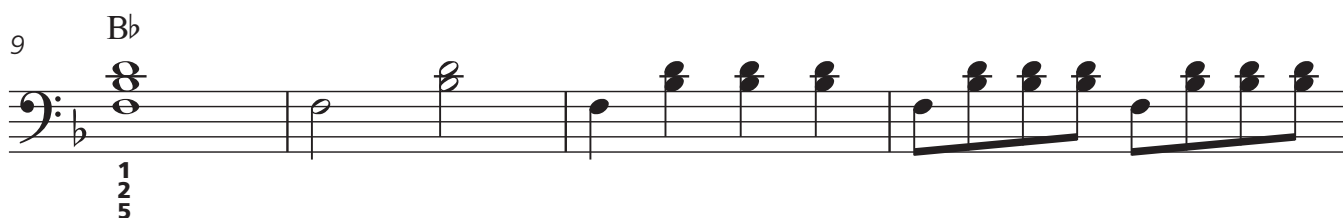
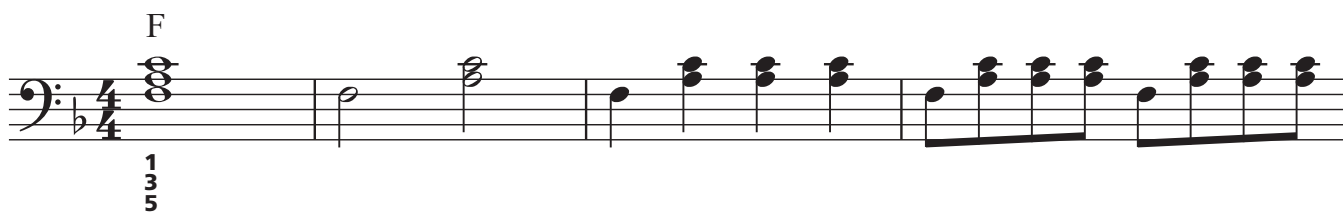
e) Passing 3rd finger over thumb



f) F major scale and cadence



Workout 6 Lesson Book 4, p.24 Broken Chords



Workout 7 Lesson Book 4, p.26 **Landmarks: Cs, G clef, F clef**

Workout 8 Lesson Book 4, p.29 Cadence with Triplets in Major and Minor

The musical score is written for piano in 2/4 time, featuring two systems of music. Each system consists of a treble and bass staff joined by a brace. The key signature has one flat (Bb).

First System:

- Measure 1:** Treble staff has a triplet of eighth notes (F4, G4, A4) marked with a '3' and an 'F' chord above. Bass staff has a half note F3 marked with a '5' below. The instruction *mf legato* is written in the bass staff.
- Measure 2:** Treble staff has a triplet of eighth notes (Bb4, C5, D5) marked with a '3' and a 'Bb' chord above. Bass staff has a half note Bb2 marked with a '2' below.
- Measure 3:** Treble staff has a triplet of eighth notes (C5, D5, E5) marked with a '3' and a 'C' chord above. Bass staff has a half note C3 marked with a '1' below.
- Measure 4:** Treble staff has a triplet of eighth notes (F5, G5, A5) marked with a '3' and an 'F' chord above. Bass staff has a half note F3 marked with a '5' below.
- Measure 5:** Treble staff has a triplet of eighth notes (G5, A5, Bb5) marked with a '3' and an 'F' chord above. Bass staff has a half note Bb3 marked with a '4' below.

Second System:

- Measure 6:** Treble staff has a triplet of eighth notes (Bb4, C5, D5) marked with a '3' and a 'Dm' chord above. Bass staff has a half note Bb2 marked with a '5' below.
- Measure 7:** Treble staff has a triplet of eighth notes (C5, D5, E5) marked with a '3' and a 'Gm' chord above. Bass staff has a half note C3 marked with a '2' below.
- Measure 8:** Treble staff has a triplet of eighth notes (F5, G5, A5) marked with a '3' and an 'A' chord above. Bass staff has a half note F3 marked with a '1' below.
- Measure 9:** Treble staff has a triplet of eighth notes (Bb5, C6, D6) marked with a '3' and a 'Dm' chord above. Bass staff has a half note Bb3 marked with a '1' below.

Workout 9 Lesson Book 4, p.31 D Minor Scale Exercises

Natural

1 1 4 2 3 4

mf

1 3 5 1 2 5 1 2 5

9

1 1 3

5 3 1 2 1 5 2 1

Harmonic

1 1 4 3

mf

9

Melodic

1 1 4 3

mf

9

Workout 10 Lesson Book 4, p.33 Major/Minor Sequence

1

2

3

4

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6

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8

9

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11

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14

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1329

17 **G** **Gm**

mf *p*

1 2

21 **A** **Am**

mf *p*

1 2

25 **B** **Bm**

mf *p*

1 2

29 **C** **Cm**

mf *p*

1 2

Workout 11 Lesson Book 4, p.35 Block Chords and Arpeggios

1 C C_m

mf *p*

5 D D_m

mf *p*

9 E E_m

mf *p*

13 F F_m

mf *p*

17 G Gm

mf *p*

21 A Am

mf *p*

25 B Bm

mf *p*

29 C Cm

mf *p*

Workout 12 Lesson Book 4, p.36 Minor Sequences

The musical score for Workout 12, Minor Sequences, is written in 6/8 time and consists of four systems of two staves each. The first system starts with a Cm chord and a melody in the right hand, with a bass line in the left hand. The second system starts with an Em chord. The third system starts with a Gm chord. The fourth system starts with a Bm chord. Each system has a measure number (1, 5, 9, 13) and a fingering (1) for the first note of the melody. The score ends with a double bar line.

System 1: Measure 1, Cm chord, melody starts on C4, mf dynamics. Measure 5, Dm chord, melody starts on D4.

System 2: Measure 9, Em chord, melody starts on E4. Measure 13, Fm chord, melody starts on F4.

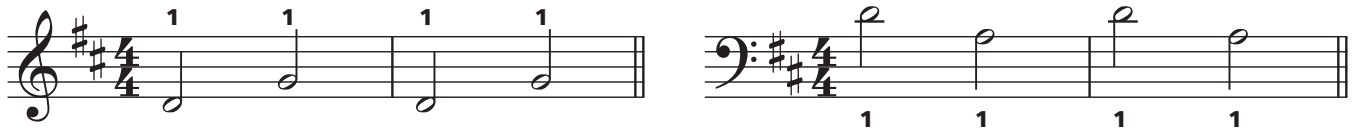
System 3: Measure 17, Gm chord, melody starts on G4. Measure 21, Am chord, melody starts on A4.

System 4: Measure 25, Bm chord, melody starts on B4. Measure 29, Cm chord, melody starts on C5.

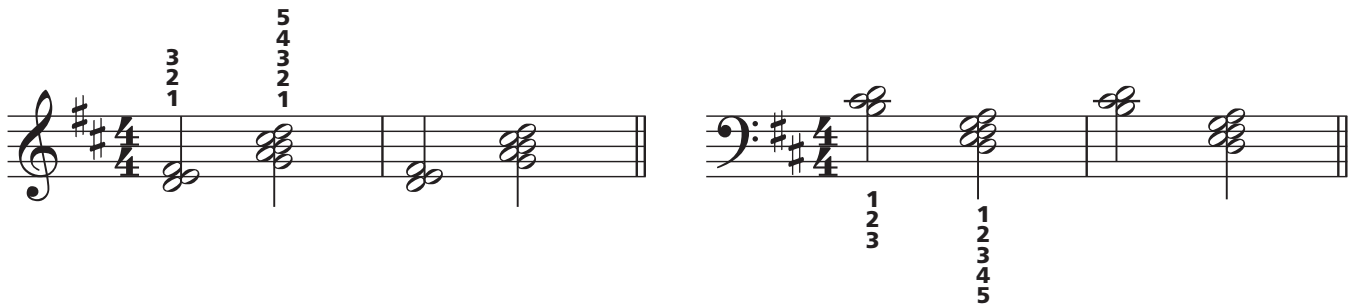
Workout 13 Lesson Book 4, p. 39 D Major Scale Exercises

Preliminary exercises for passing thumb under in D major scale

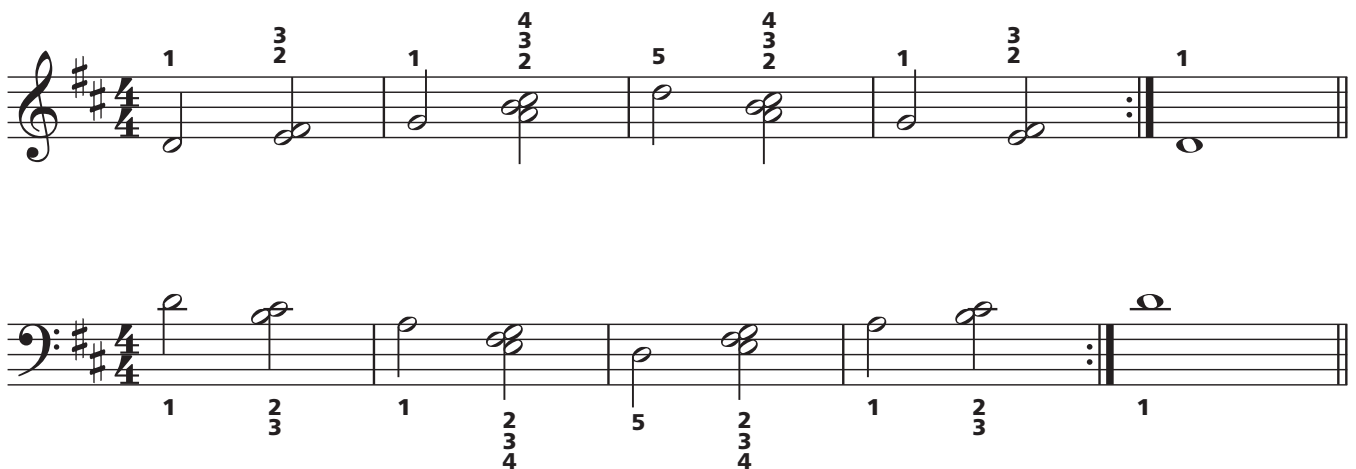
a) Thumb positions



b) Thumb positions with notes of the scale added



c) Thumb positions with notes of the scale added as broken chord



WORKOUT

Piano Junior LEVEL

4

d) Passing thumb under 3rd finger

e) Passing 3rd finger over thumb

f) D major scale and cadence

Workout 14 Lesson Book 4, p.41 Silent Change of Fingers

4/4

4 1
3 1
2 1

4 1
3 1
2 1

2 1

2 1

2 1

2 1

2 1

2 1

5

1 4
1 3
1 2

1 4
1 3
1 2

1 2

1 2

1 2

1 2

1 2

1 2

5

2 1
3 1
4 1

2 1
3 1
4 1

2 1

2 1

2 1

2 1

2 1

2 1

1 2
1 3
1 4

1 2
1 3
1 4

1 2

1 2

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1 2

1 2

1 2

Workout 15 Lesson Book 4, p.42 Syncopation

Syncopation on Second Count

Musical score for "Syncopation on Second Count" in 4/4 time, measures 1-8. The key signature has one sharp (F#). The score is written for piano (p) and forte (f) dynamics. The melody in the right hand features syncopation on the second count, with fingerings 1, 2, 1, 2, 1, 2, 1, 2. The bass line in the left hand features syncopation on the second count, with fingerings 5, 4, 5, 4, 5, 4, 5, 4. The score is divided into two systems of four measures each.

Syncopation on Third Count

Musical score for "Syncopation on Third Count" in 4/4 time, measures 9-16. The key signature has one sharp (F#). The score is written for piano (p) and forte (f) dynamics. The melody in the right hand features syncopation on the third count, with fingerings 1, 3, 1, 3, 1, 3, 1, 3. The bass line in the left hand features syncopation on the third count, with fingerings 5, 3, 5, 3, 5, 3, 5, 3. The score is divided into two systems of four measures each.

Syncopation on Fourth Count

The musical score is written for piano in 4/4 time, featuring a key signature of one sharp (F#). It consists of two systems of four measures each. The first system begins with a forte (*f*) dynamic. The melody in the right hand is characterized by syncopation, with notes starting on the second and third beats of each measure. The bass line in the left hand provides a steady eighth-note accompaniment. Fingerings are indicated by numbers 1 and 5, and accents (>) are placed over specific notes to emphasize the syncopated rhythm. The second system continues the pattern, ending with a double bar line.

Workout 16 Lesson Book 4, p.47 Swing Rhythm

Key signature: Bb (one flat)

Time signature: 4/4

Dynamic: *mf*

Measures: 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100, 101, 102, 103, 104, 105, 106, 107, 108, 109, 110, 111, 112, 113, 114, 115, 116, 117, 118, 119, 120, 121, 122, 123, 124, 125, 126, 127, 128, 129, 130, 131, 132, 133, 134, 135, 136, 137, 138, 139, 140, 141, 142, 143, 144, 145, 146, 147, 148, 149, 150, 151, 152, 153, 154, 155, 156, 157, 158, 159, 160, 161, 162, 163, 164, 165, 166, 167, 168, 169, 170, 171, 172, 173, 174, 175, 176, 177, 178, 179, 180, 181, 182, 183, 184, 185, 186, 187, 188, 189, 190, 191, 192, 193, 194, 195, 196, 197, 198, 199, 200, 201, 202, 203, 204, 205, 206, 207, 208, 209, 210, 211, 212, 213, 214, 215, 216, 217, 218, 219, 220, 221, 222, 223, 224, 225, 226, 227, 228, 229, 230, 231, 232, 233, 234, 235, 236, 237, 238, 239, 240, 241, 242, 243, 244, 245, 246, 247, 248, 249, 250, 251, 252, 253, 254, 255, 256, 257, 258, 259, 260, 261, 262, 263, 264, 265, 266, 267, 268, 269, 270, 271, 272, 273, 274, 275, 276, 277, 278, 279, 280, 281, 282, 283, 284, 285, 286, 287, 288, 289, 290, 291, 292, 293, 294, 295, 296, 297, 298, 299, 300, 301, 302, 303, 304, 305, 306, 307, 308, 309, 310, 311, 312, 313, 314, 315, 316, 317, 318, 319, 320, 321, 322, 323, 324, 325, 326, 327, 328, 329, 330, 331, 332, 333, 334, 335, 336, 337, 338, 339, 340, 341, 342, 343, 344, 345, 346, 347, 348, 349, 350, 351, 352, 353, 354, 355, 356, 357, 358, 359, 360, 361, 362, 363, 364, 365, 366, 367, 368, 369, 370, 371, 372, 373, 374, 375, 376, 377, 378, 379, 380, 381, 382, 383, 384, 385, 386, 387, 388, 389, 390, 391, 392, 393, 394, 395, 396, 397, 398, 399, 400, 401, 402, 403, 404, 405, 406, 407, 408, 409, 410, 411, 412, 413, 414, 415, 416, 417, 418, 419, 420, 421, 422, 423, 424, 425, 426, 427, 428, 429, 430, 431, 432, 433, 434, 435, 436, 437, 438, 439, 440, 441, 442, 443, 444, 445, 446, 447, 448, 449, 450, 451, 452, 453, 454, 455, 456, 457, 458, 459, 460, 461, 462, 463, 464, 465, 466, 467, 468, 469, 470, 471, 472, 473, 474, 475, 476, 477, 478, 479, 480, 481, 482, 483, 484, 485, 486, 487, 488, 489, 490, 491, 492, 493, 494, 495, 496, 497, 498, 499, 500, 501, 502, 503, 504, 505, 506, 507, 508, 509, 510, 511, 512, 513, 514, 515, 516, 517, 518, 519, 520, 521, 522, 523, 524, 525, 526, 527, 528, 529, 530, 531, 532, 533, 534, 535, 536, 537, 538, 539, 540, 541, 542, 543, 544, 545, 546, 547, 548, 549, 550, 551, 552, 553, 554, 555, 556, 557, 558, 559, 560, 561, 562, 563, 564, 565, 566, 567, 568, 569, 570, 571, 572, 573, 574, 575, 576, 577, 578, 579, 580, 581, 582, 583, 584, 585, 586, 587, 588, 589, 590, 591, 592, 593, 594, 595, 596, 597, 598, 599, 600, 601, 602, 603, 604, 605, 606, 607, 608, 609, 610, 611, 612, 613, 614, 615, 616, 617, 618, 619, 620, 621, 622, 623, 624, 625, 626, 627, 628, 629, 630, 631, 632, 633, 634, 635, 636, 637, 638, 639, 640, 641, 642, 643, 644, 645, 646, 647, 648, 649, 650, 651, 652, 653, 654, 655, 656, 657, 658, 659, 660, 661, 662, 663, 664, 665, 666, 667, 668, 669, 670, 671, 672, 673, 674, 675, 676, 677, 678, 679, 680, 681, 682, 683, 684, 685, 686, 687, 688, 689, 690, 691, 692, 693, 694, 695, 696, 697, 698, 699, 700, 701, 702, 703, 704, 705, 706, 707, 708, 709, 710, 711, 712, 713, 714, 715, 716, 717, 718, 719, 720, 721, 722, 723, 724, 725, 726, 727, 728, 729, 730, 731, 732, 733, 734, 735, 736, 737, 738, 739, 740, 741, 742, 743, 744, 745, 746, 747, 748, 749, 750, 751, 752, 753, 754, 755, 756, 757, 758, 759, 760, 761, 762, 763, 764, 765, 766, 767, 768, 769, 770, 771, 772, 773, 774, 775, 776, 777, 778, 779, 780, 781, 782, 783, 784, 785, 786, 787, 788, 789, 790, 791, 792, 793, 794, 795, 796, 797, 798, 799, 800, 801, 802, 803, 804, 805, 806, 807, 808, 809, 810, 811, 812, 813, 814, 815, 816, 817, 818, 819, 820, 821, 822, 823, 824, 825, 826, 827, 828, 829, 830, 831, 832, 833, 834, 835, 836, 837, 838, 839, 840, 841, 842, 843, 844, 845, 846, 847, 848, 849, 850, 851, 852, 853, 854, 855, 856, 857, 858, 859, 860, 861, 862, 863, 864, 865, 866, 867, 868, 869, 870, 871, 872, 873, 874, 875, 876, 877, 878, 879, 880, 881, 882, 883, 884, 885, 886, 887, 888, 889, 890, 891, 892, 893, 894, 895, 896, 897, 898, 899, 900, 901, 902, 903, 904, 905, 906, 907, 908, 909, 910, 911, 912, 913, 914, 915, 916, 917, 918, 919, 920, 921, 922, 923, 924, 925, 926, 927, 928, 929, 930, 931, 932, 933, 934, 935, 936, 937, 938, 939, 940, 941, 942, 943, 944, 945, 946, 947, 948, 949, 950, 951, 952, 953, 954, 955, 956, 957, 958, 959, 960, 961, 962, 963, 964, 965, 966, 967, 968, 969, 970, 971, 972, 973, 974, 975, 976, 977, 978, 979, 980, 981, 982, 983, 984, 985, 986, 987, 988, 989, 990, 991, 992, 993, 994, 995, 996, 997, 998, 999, 1000.

Workout 17 Lesson Book 4, p.49 B Minor Scale Exercises

Natural

Harmonic

Melodic

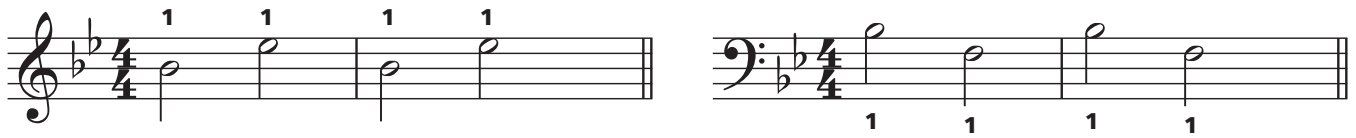
First system of musical notation. Treble staff: Melody with notes D4, E4, F#4, G4, A4, B4, C5, D5. Fingerings: 1, 1, 4, 3. Bass staff: Harmonic accompaniment with notes D3, F#3, A3, B3, C4, D4. Dynamic marking: *mf*.

Second system of musical notation. Treble staff: Continuation of the melody. Bass staff: Continuation of the harmonic accompaniment. Ends with a double bar line.

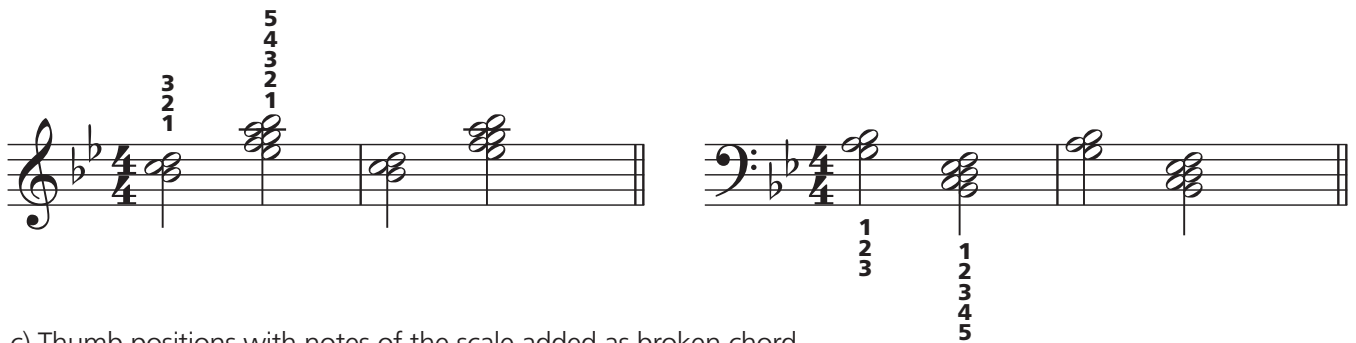
Workout 18 Lesson Book 4, p. 53 B♭ Major Scale Exercises

Preliminary exercises for passing thumb under in B♭ major scale

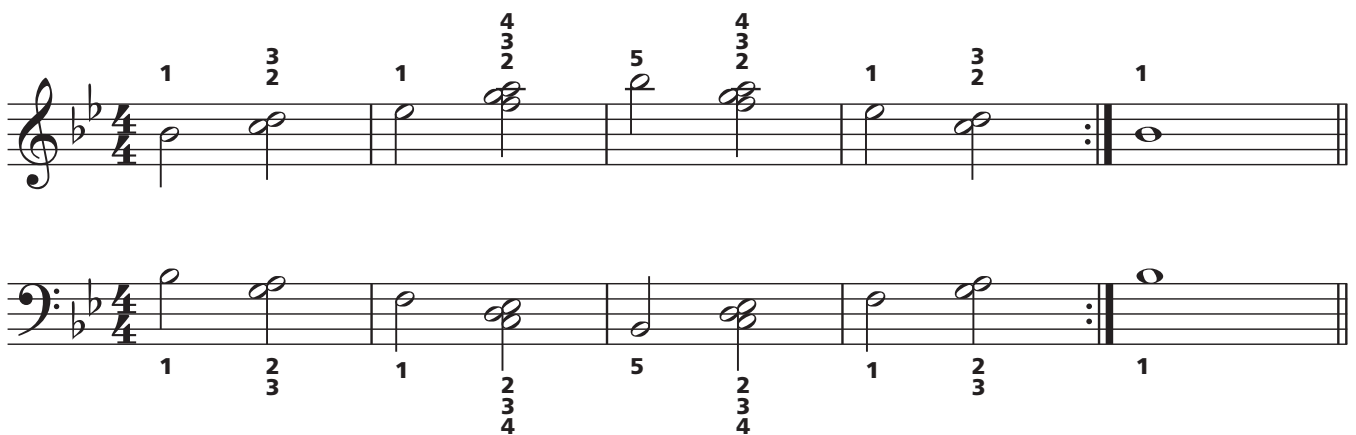
a) Thumb positions



b) Thumb positions with notes of the scale added



c) Thumb positions with notes of the scale added as broken chord

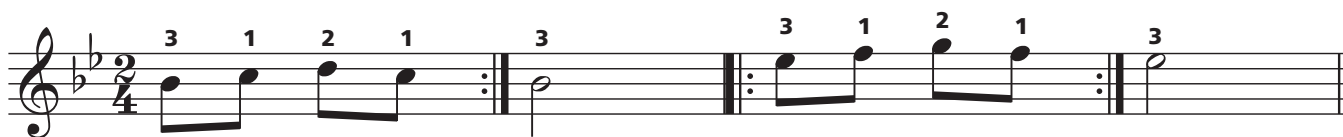


WORKOUT

Piano Junior LEVEL

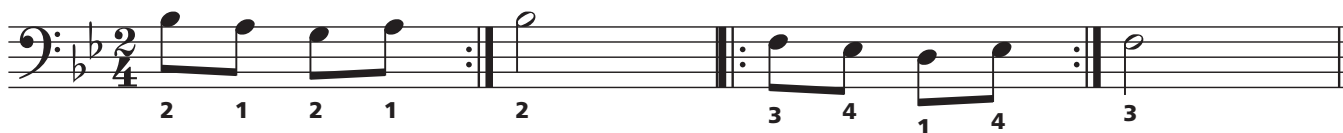
4

d) Passing thumb under 3rd finger



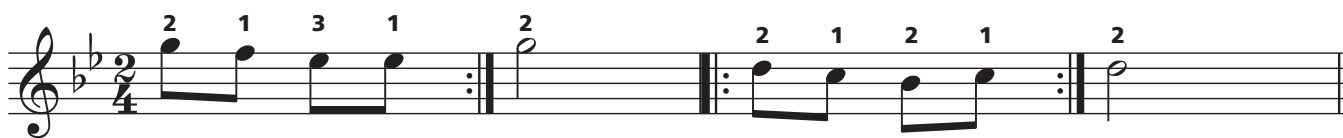
Passing thumb under 2nd finger

Passing thumb under 4th finger



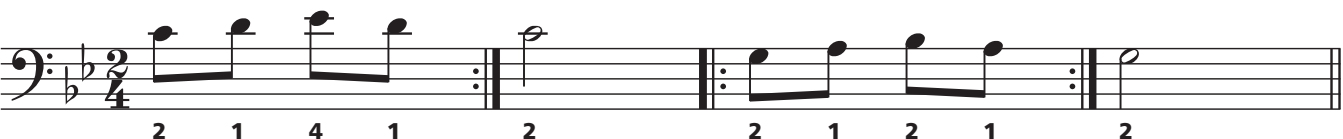
e) Passing 3rd finger over thumb

Passing 2nd finger over thumb

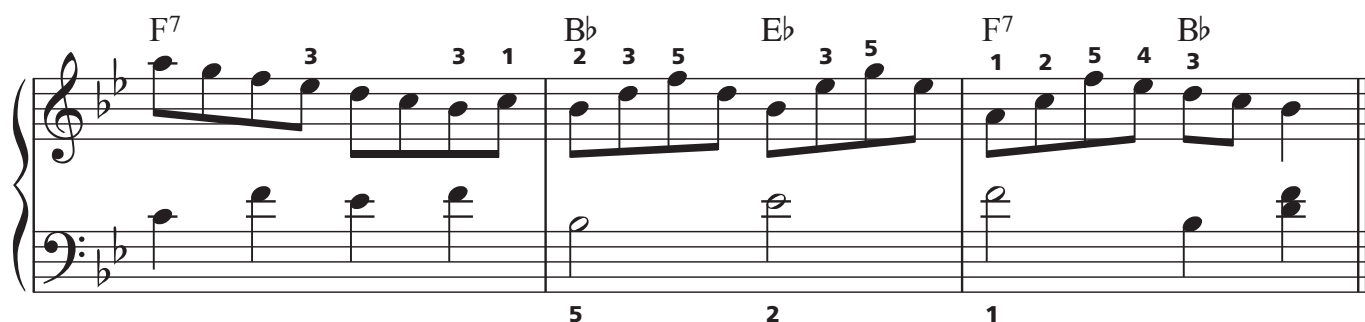
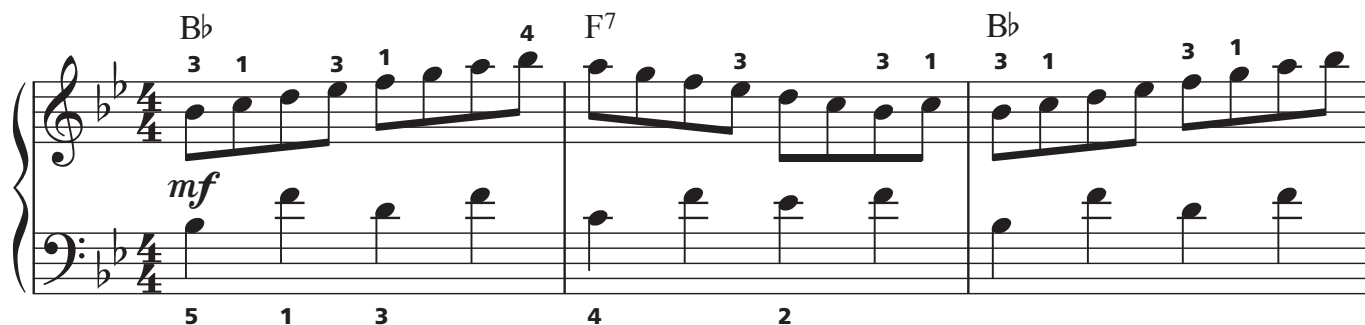


Passing 4th finger over thumb

Passing 2nd finger over thumb



f) Bb major scale and cadence



Workout 19 Lesson Book 4, p. 57 G Minor Scale Exercises

Natural

mf

1 3 5

1 2 5

5 3 1

2 1

5 2 1

Harmonic

mf

1 2 5

5 3 1

2 1

5 2 1

Melodic

The first system of the musical score is in 3/8 time and B-flat major. The treble clef staff contains a melodic line with eighth notes and rests, marked with fingerings 1, 1, 4, and 3. The bass clef staff provides a harmonic accompaniment with chords and eighth notes, marked with a mezzo-forte (*mf*) dynamic. The system concludes with a whole note chord in the bass and a quarter rest in the treble.

The second system continues the musical piece. The treble clef staff features a melodic line with eighth notes and rests. The bass clef staff provides a harmonic accompaniment with eighth notes and chords. The system concludes with a whole note chord in the bass and a quarter rest in the treble.

Workout 20 Lesson Book 4, p.60/61 Semiquaver/Sixteenth Note

Ferdinand Beyer (1803–1863)
Op. 101, No. 91

Allegretto ♩ = 96

p dolce

5
legato

f

5

13

p *cresc.* *f* *dim.*

4 1 1 4

2 3

17

p

1 1 1 1

21

f

2 1 1 1

Workout 21 Lesson Book 4, p.66 Dotted Quaver/Dotted Eighth Note

1

mf

5

5

1

5

9

1

5

13

1

5

17

1

5

21

5

25

5

29

5

Workout 22 Lesson Book 4, p.71 Chromatic Scale

1 3 1 2 3

mf

1 3 2 1 3

1 3 1 2 3 1 3 1 3 1 2 3 1

5

1 3 1 2 3

1 3 2 1 3

1 3 2 1 3

1 3 2 1 3 1 3 1 3 1 3 1 3 1

2

f

sf

8 4

8b 4